



heartbible
FOR THE NATIONS

Three steps to grow your own Heart Bible

Learn to internalize a Bible story using these simple steps.

READ AND REPEAT



Read or listen to a Bible story and then repeat it **in your own words** without looking. Read or listen to the story again to see what you got right or wrong. Spend time **meditating** on the story itself. Practice saying it again. While it's important to restate it **in your own words**, try not to leave out major details or change the sequence of events.

GET CREATIVE



Try using **drawing, acting, hand motions** or other **creative methods** to help with internalizing and sharing the Bible story.

KEEP SHARING



Practice **sharing with other people**. This will help you internalize the story more deeply and **encourage others** to do the same! **Review the story** you have learned every few months to keep it in your heart!



oneway